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In the Terminal window, paste in the following single line, which again might appear in your web browser as two or more lines:

```
sudo chown root  
/Library/LaunchDaemons/nothrottle.plist;sudo  
launchctl load  
/Library/LaunchDaemons/nothrottle.plist
```

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Close the Terminal window.

Should in future you want to turn off this new command, type the following, which again is a single line:

```
sudo launchctl unload -w /Library/LaunchDaemons/nothrottle.plist
```

... And then reboot.