

## Activity Monitor (All Processes)



CPU

Memory

Energy

Disk

Network

Q excel



Process Name	Memory ▾	Compressed M...	Threads	Ports	PID	User
Microsoft Excel	240.6 MB	0 bytes	20	310	48525	Dave

## MEMORY PRESSURE

Physical Memory: 16.00 GB

Memory Used: 11.85 GB

Cached Files: 3.61 GB

Swap Used: 347.0 MB

App Memory: 8.52 GB

Wired Memory: 2.21 GB

Compressed: 1.11 GB&gt;